



Weight Loss

Clinician-led weight management, with the UK's largest digital clinic

Want to give your people a health benefit they won't ignore?*

Then add weight management to your benefits package, and turn waiting lists to working days.

64%

of people face issues with obesity*



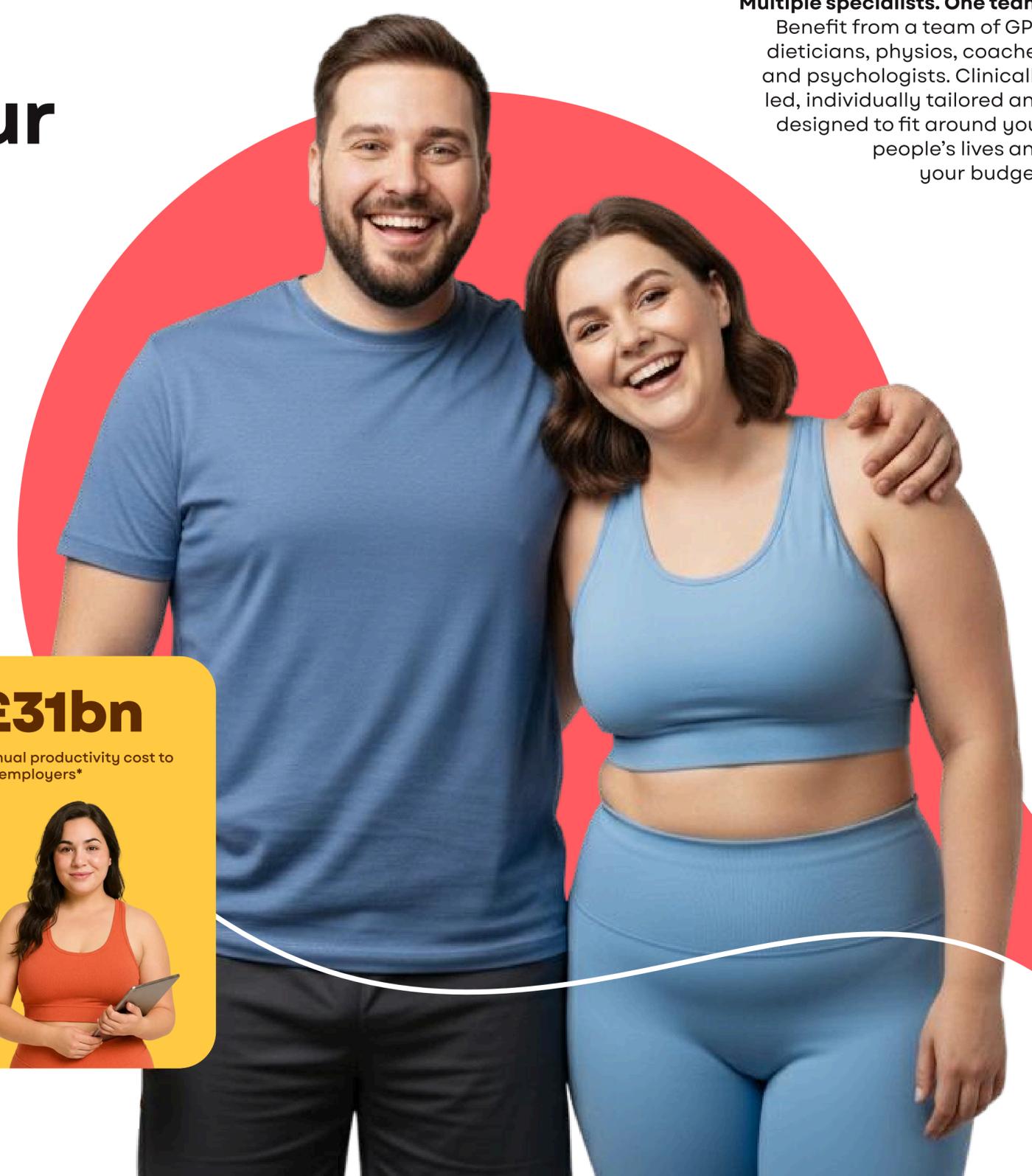
2 years

NHS wait for weight management in some areas*



£31bn

annual productivity cost to UK employers*



Multiple specialists. One team.

Benefit from a team of GPs, dieticians, physios, coaches and psychologists. Clinically led, individually tailored and designed to fit around your people's lives and your budget.

What we offer:

Medication prescription service

- ✓ Clinician-led prescribing
- ✓ GLP-1 and other licensed medications
- ✓ Ongoing monitoring and dose management
- ✓ Safety checks and contraindication screening

Companion programme

- ✓ Specialist dietitian support
- ✓ Physical activity coaching
- ✓ Physiotherapy
- ✓ Mental health support

Free & trusted resources

- ✓ Vetted content library
- ✓ Diet and nutrition guides
- ✓ Medication FAQs
- ✓ Physical activity plans

Why this matters for your business

Fewer sick days

Employees with access to weight management support take fewer short and long-term absences. That shows up directly in your bottom line.

Loyalty and retention

When benefits feel personal, people use them. When people use them, you see the return.

A benefit people actually want*

39% of UK employees would leave their employer for better benefits elsewhere, even with no change in salary.

Clinical safety you can trust

We are proud to be CQC-regulated, MHRA-registered, and ISO-certified - giving you and your team total confidence in our weight management care.



Emma Southworth
Deputy Medical Director and
Clinical Head of Weight Management

How to launch?

Choose what's right for you. We'll handle the rest

Three clinical packages

- ✓ Meds only
- ✓ Companion only
- ✓ Full support (meds + companion)

Reimbursement models

- ✓ Fully organisation-funded
- ✓ Capped allowance (employee & employer co-pay)
- ✓ Discounted self-pay: A lower rate for patients paying directly

Branding options

- ✓ Employer portal - co-branded
- ✓ Fully white label
- ✓ HealthHero branded

Why HealthHero

Real clinicians

GPs, dietitians, physios, coaches and psychologists.

30 million lives covered

Europe's largest digital clinic. 4 million+ consultations a year.

Solutions built for business

Flexible packages, clear reporting and a team that works around your needs.

Fully regulated care

CQC 'Good' rated and ISO certified for your peace of mind.

Ready to talk? See what this could do for your business.

Contact us
enquiries@healthhero.com



Sources

WTW, Global Benefits Attitudes Survey, 2024 <https://www.wtwco.com/en-gb/news/2024/06/the-grass-isnt-greener-for-employees-as-majority-prefer-to-stay-in-their-current-jobs-the-grass>